



MINHAS ROTINAS 2
MATERIAL DOURADO +



**CUIDADO AO
ATRAVESSAR
A RUA**





**CUIDADO
AO SUBIR
DEGRAUS**





CALÇADOS

INADEQUADOS





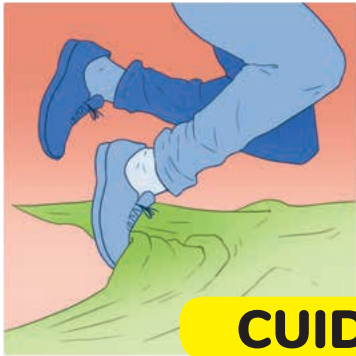


CALÇADOS

ADEQUADOS







**CUIDADO
COM TAPETES**







PISOS

ESCORREGADIOS







**CUIDADO COM
AS ESCADAS**



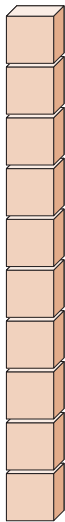


**UM DEGRAU
DE CADA VEZ**





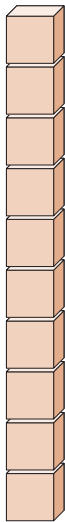
**USAR O
CORRIMÃO**

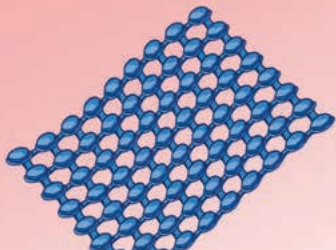




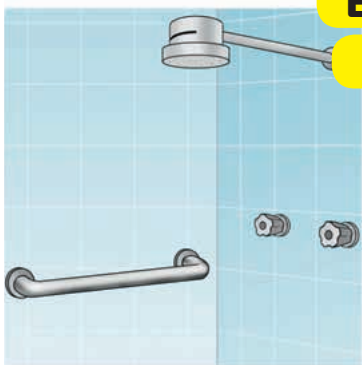
**CUIDADO COM
CANTOS E QUINAS**

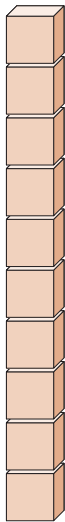






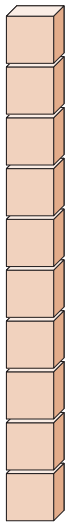
**USAR TAPETES
E BARRAS DE
SEGURANÇA**





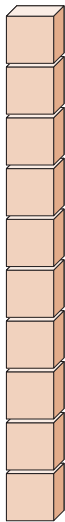
HIGIENE DAS MÃOS





**HIGIENE
DAS MÃOS**

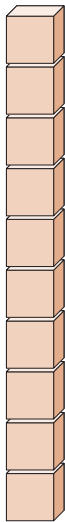






HIGIENE

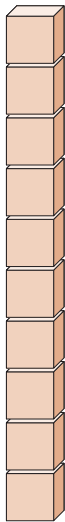
BUCAL





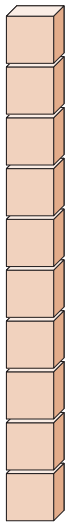
HIGIENE

BUCAL



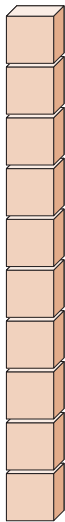
An illustration of a young girl with dark hair and bangs, wearing a light blue bikini, standing in a shower. She is smiling and has her hands near her face. Water is spraying from a showerhead above her. The shower area is enclosed by a light blue wall and a tan shower curtain. To the right of the shower, there is a white pedestal sink with a silver faucet, a mirror above it, and a white toilet. The floor is light blue. The text 'HIGIENE CORPORAL' is written in bold black letters on two yellow rounded rectangular backgrounds.

**HIGIENE
CORPORAL**

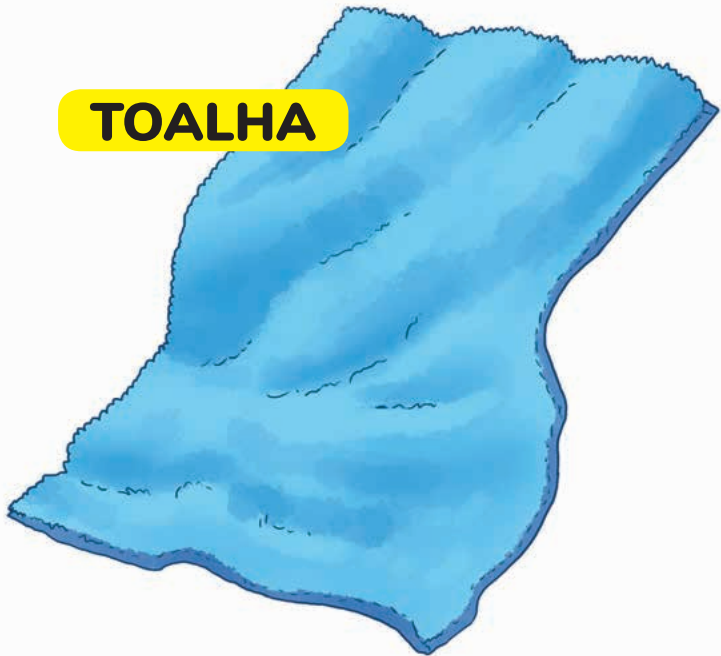


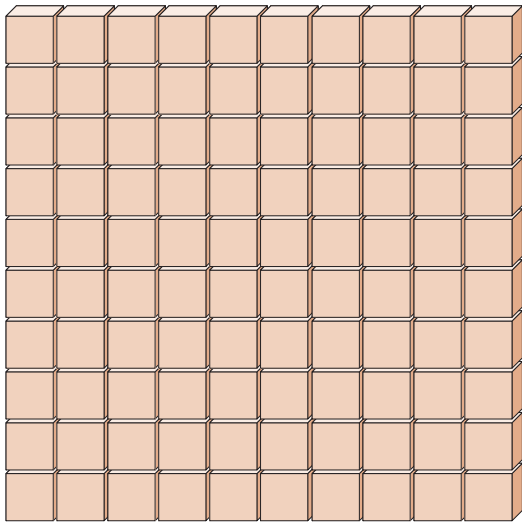
HIGIENE CORPORAL





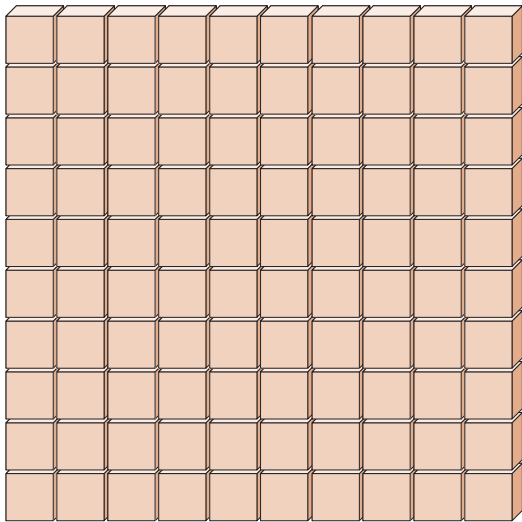
TOALHA







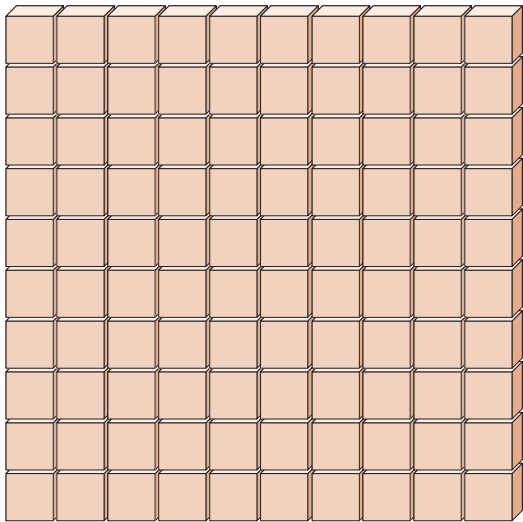
SABONETE LÍQUIDO



SABONETE

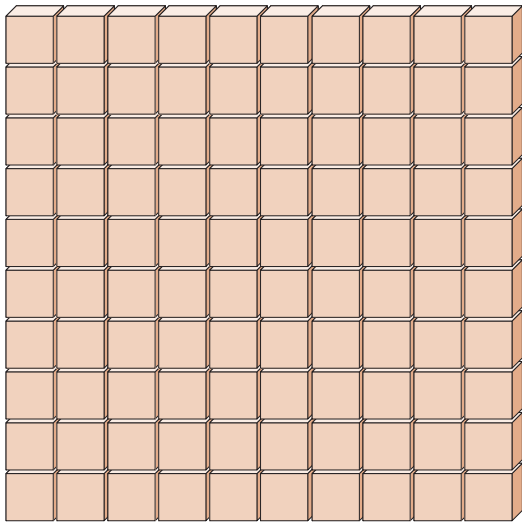
EM BARRA





PASTA DE DENTE

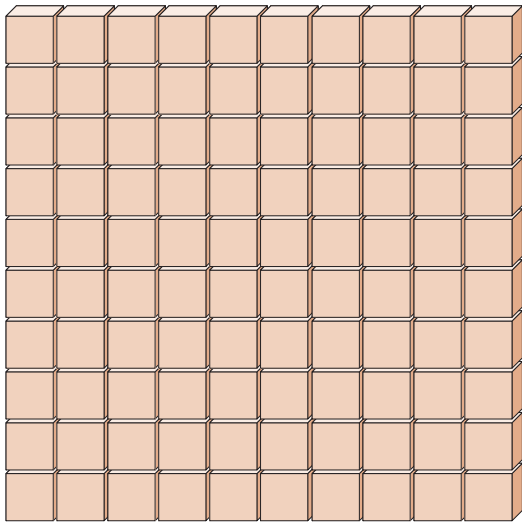




ESCOVAS

DE DENTE

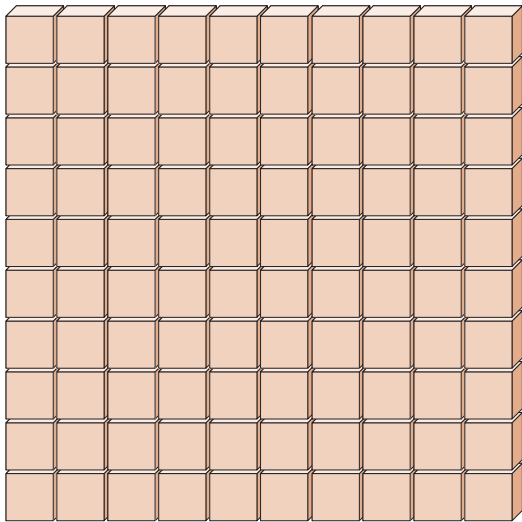






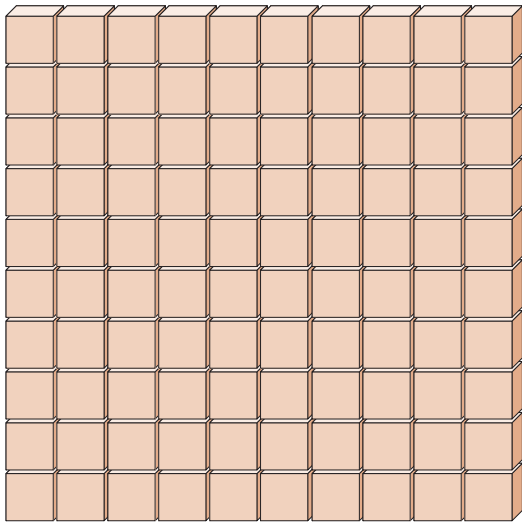
SHAMPOO

SHAMPOO





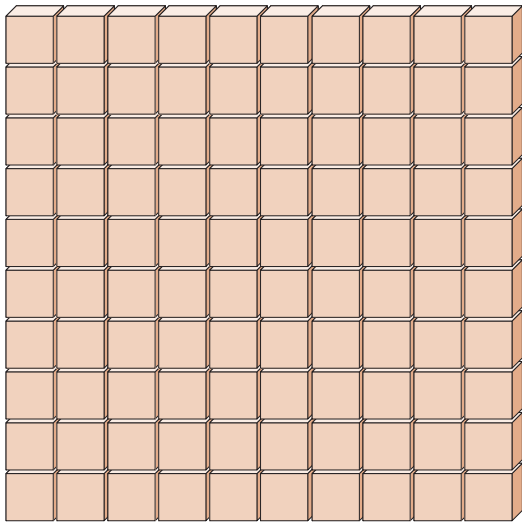
CONDICIONADOR





ESCOVA

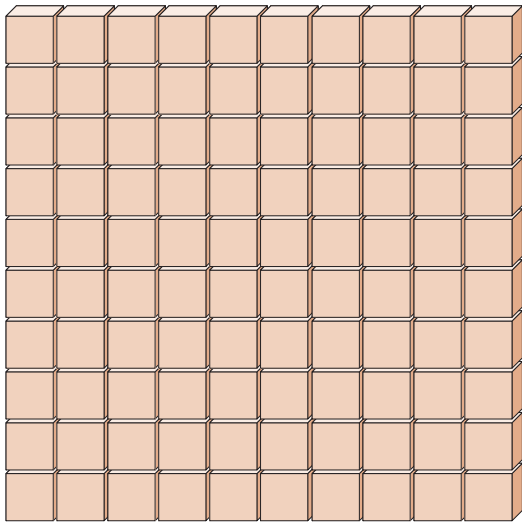
DE CABELO



ESPONJA

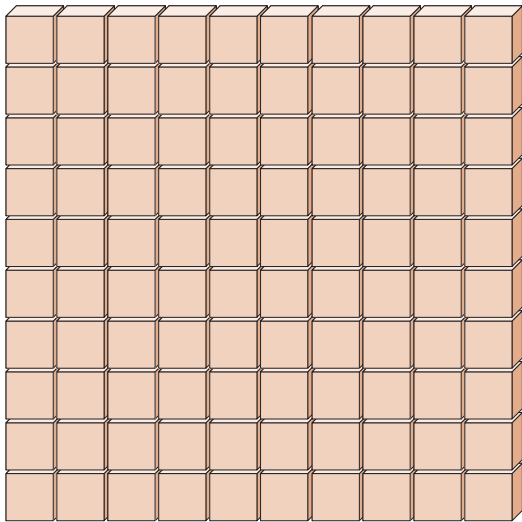
DE BANHO





PENTE



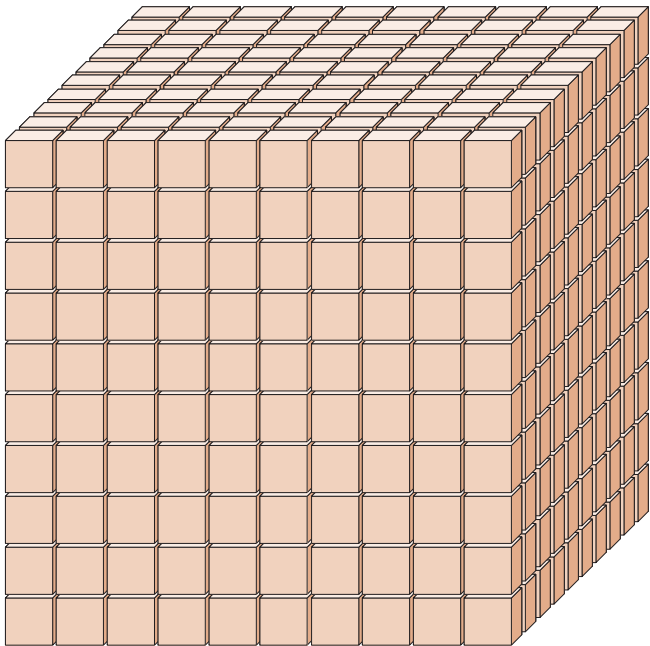




ÁLCOOL

EM GEL

**ÁLCOOL
EM
GEL**





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